

All NEURODIVERSE kids welcome!

Age 3-10



SPORTS FUNDAMENTALS CLASSES

Join us!

Empower your child to embrace the world of sports!

Twice a week

Wed 5 -6, Sunday 4-5,

Location - Pinetree Community Center

Early soccer, basketball, hockey, gym

Hand & Body Movement

Imitation Skills

Balance & Coordination

Following Instructions

Social and Cooperative play

Low
class
ratio!



Register Now!

Classes are specially designed by adaptive coaches, OT, PT sports psychologists.



CLASS INFORMATION

What is Coherence Technologies Inc. (ZigZag Neurodivergent sports classes)

Coherence Technologies is a neurodiversity tech and services startup based in Coquitlam, BC. We offer two distinct offerings.

- ZigZag Learning and Therapy management platform
 - This is a technology platform used by Behavioral, Occupational, Speech and other therapists and service providers to track programming for children, collect data, graph progress and generate reports.
- ZigZag Neurodivergent Sports
 - This is specialized sports class offered to children to develop key social and life skills. We offer it to children in British Columbia
- About us
 - ZigZag is founded by a mother and father team of a child with autism based in Coquitlam BC. We bring our backgrounds in healthcare technology, instructional design, sports to offer innovative services to children with special needs, especially autism.
- Important links

www.zigzagkid.com/neurodivergentsports

<https://www.zigzagkid.com/zigzagstory>

Contact us @ dipti@zigzagkid.com; 7782315516

Who is the class designed for?

This class is specially designed for children on the autism spectrum, children with developmental delays, children with executive functioning challenges such as ADHD, children with gross motor challenges, children with sensory challenges.

The class is designed for children between 3 to 10 years of age.

What are the objectives of the class?

This class is designed with the purpose of helping children learn essential life and social skills through the medium of sports. The class focuses on developing specific skills through various sports activities.

- Social skills including following group instructions, group behavior, communication and interaction with peers, sharing, turn taking, cooperative play
- Gross motor skills including hand and body movement, imitation, hand eye coordination, bilateral coordination, balance, stamina and core strength
- Life skills including following 1/2/3 step instructions, following a schedule, transitioning between activities, self regulation

The class is designed in consultation with behavioral therapists, special educators, occupational therapists, speech therapists, parents and psychologists.

Who coaches the classes?

The classes are coached by professionals who have been trained by Canucks Autism Network. They all have experience in sports coaching, working with children with autism and developmental delays. We have one coach who is CPR certified.

What are the timings?

The class duration is 1 hour, and children can attend upto 2 classes a week. The classes are offered throughout the year.

How do we track progress?

Each of our sets during the class have specific learning objectives (as mentioned above). We track each child's progress by collecting data in every class and the reports are provided to parents through our app. Parents can know when their child has mastered a particular skill level.

Certificate of good standing for the business as well as insurance can be provided to AFU on request.